

About Family House

Family House provides a “home away from home” for out-of-town relatives of patients receiving medical treatment and individuals coming to Peoria for outpatient treatment.

Since opening on Knoxville Avenue in 1985, we have cared for over 27,000 guests. With our new facility opening soon, we will have even more space to accommodate families. Come celebrate the opening of the new house on Sunday, May 15, 2011. We will open our doors from noon to 4 p.m. for public tours.

Family House is a not-for-profit organization and the only Hospital Hospitality House in Central Illinois.

The following companies supported this event as of press time. Thank you!

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Family House, Inc.
1509 N. Knoxville Ave.
Peoria, IL 61603

22nd Annual Family House Run/Walk

at the clubs at RIVER CITY

Saturday, May 21, 2011
8:00 A.M.

5K Run/Walk • 1 Mile Fitness Walk
Children's Fun Run

IN MEMORY OF CAROLYN MANNLEIN



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Race Information

The clubs at RIVER CITY and Family House invite you to join us for this 22nd annual Run/Walk - an Illinois Valley Striders Grand Prix Race. Refreshments with pizza provided by Nick-N-Willy's will be available following the race. Premium moisture-wicking t-shirts are guaranteed for 5K race entries received by May 14, 2011.

Date and Time

Saturday, May 21, 2011

6:30 - 7:30 A.M. - Race day registration

8:00 A.M. - 5K Run, 5K Walk, 1 Mile Fitness Walk

9:00 A.M. - Children's Fun Run

Entry Fee

5K Run, 5K Walk, 1 Mile Fitness Walk

- \$25 early registration
- \$30 registration after May 14, 2011

Children's Fun Run

- \$10 registration

Packet Pickup

Friday, May 20, 5:00 - 7:00 P.M.

Saturday, May 21, 6:30 - 7:30 A.M.

the clubs at RIVER CITY

Location

the clubs at RIVER CITY

8603 N. University, Peoria, IL 61615

Parking available at the clubs at RIVER CITY

Registration

This year you can also register online at:

<http://www.RunRace.net>

Please note that a nominal fee applies.

Additional registration forms available online at:

<http://www.FamilyHousePeoria.org>

Open House

All race participants are welcome to check out all the clubs at RIVER CITY has to offer.

Divisions and Awards

Trophies will be awarded to the top three male and female finishers in each division. Trophies will also be awarded to the overall male and female winners (5K run only).

Adult 5K Run

14 - 18, 19 - 24, 15 - 29, 30 - 34, 35 - 39, 40 - 44,
45 - 49, 50 - 54, 55 - 59, 60 - 64, 65 & up.

Grade School 5K Run

1st Grade, 2nd Grade, 3rd Grade, 4th Grade,
5th Grade, 6th-8th Grades

Children's Fun Run

5 years & under - 1/4 mile

6 - 9 years - 1/2 mile

Team Registration

Your Run/Walk can be a team effort! Any business or group of friends can register as a team by sending in five or more entry forms/checks in one envelope. To qualify as a team, entries must be sent together. Team name and Captain must be indicated on the entry form. You may also enter your team information if you choose to register online. Medals will be awarded to the top running team.

Team Awards

- Biggest Corporate Team
- Biggest Family Participation
- Team with Best Average Time
- Biggest Team

Race Director

Patty Caudill

309-693-5714 ext. 232

pcaudill@clubsatrivercity.com

The race is in honor of
CAROLYN MANNLEIN,

a dedicated volunteer who gave freely of her time and expertise. She developed a financial system and coordinated volunteers during the early years at Family House.

Entry Form & Waiver

Name _____

Address _____

City/State _____

Zip _____ Phone _____

E-mail _____ Age _____

Male Female

Grand Prix Participant Yes No

5K Run/Walk (Moisture-Wicking) T-Shirt Size:

note that t-shirts run slightly large

Adult: S M L XL

Youth: M (10-12) L (14-16)

Fun Run (Cotton-Blend) T-Shirt Size:

Youth: S (5-8) M (10-12) L (14-16)

Division 5K Run

check one

_____ Grade (School Division Only)

5K Walk

1 Mile Fitness Walk

Children's Fun Run Age _____

Donation Only

Team

Team Name _____

if applicable

Captain _____

Captain's Phone _____

Make check payable to Family House \$ _____

Office Use Only Check # _____ \$ _____

Mail entry to:

the clubs at RIVER City
c/o Patty Caudill
8603 N. University
Peoria, IL 61615

I have trained suitably for a 5K Run, 5K Walk or 1 Mile Fitness Walk and will not hold the clubs at River City, Inc., Family House, the Illinois Valley Striders, the City of Peoria, their subsidiaries and their employees, the promoters, sponsors, managers and operators of the above-named event responsible for any accident or injury which may occur at this event. I am aware of problems that could be encountered, such as traffic, heat, humidity, crowds and animals.

Participant's Signature _____

Parent's Signature (if under 18) _____

Date _____